## Moultonborough Suicide Prevention and Mental Health Coalition

2011 was another busy year for the coalition. Aside form our mission to make Mental Health services accessible to residents of Town, we were able continue to spread the word around the state as to our prevention efforts.

It should be noted that the Coalition was honored to be awarded the Unity Award at the State Suicide Prevention Conference May 10<sup>th</sup>. We continue to work closely with our partners at Northern Human Services, Lakes Region General Hospital, Starting Points as well as reaching out to make further connections.

We urge anyone with an interest or curiosity to attend our open meetings which are typically held the second Wednesday of the month @ 4:00 at our Town Library.



The Mental Health Center

25 West Main Street, Conway, NH 03818 • 603-447-2111 • Fax 603-447-1021
70 Bay Street, Wolfeboro, NH 03894 • 603-569-1884 • Fax 603-569-1882

To The Town of Moultonborough

Re: Northern Human Services Mental Health Services 2011

Once again we have had another successful year providing mental health services to Moultonborough residents seen in town at The Moultonborough Family Health Care Office. Thirty four Moultonborough residents were seen a total of three hundred and seventeen visits at MFHC. Services were provided by four Northern Human Services therapists with specialties in drug and alcohol treatment, child and family, adolescent and adult, and geriatric mental health services. Northern Human Services therapists were available at MFHC on three separate days including some evening hours when requested. Emergency mental health services are available to all Carroll County residents 24/7 with access at Huggins Hospital and Memorial Hospital emergency rooms after hours and on weekends.

Additionally and under separate contract, one therapist was available to Moultonborough Schools up to two days per week providing mental health services to both special education students and students who were already enrolled Northern Human Services clients.

Funding provided by the Town of Moultonborough has enabled individuals with mental health needs, and no or minimal ability to pay, access to mental health services as needed. Those individuals who are covered but with very high copays also are given assistance to pay their copays at a more reasonable rate. The funding provided by the Town of Moultonborough guarantees a presence of quality mental health services for its residents for some part of every week year round. This relationship is unique in Carroll County due to the generosity of Moultonborough residents.

We are also thankful to Lakes Region General Hospital and the Moultonborough Family Health Care staff for the lovely space and administrative support so generously provided.

In the coming year, we look forward to an ongoing relationship with Moultonborough. Our intention is to continue to provide mental health services at the same level as in 2011 with the addition of some in town workshops and psychoeducational programs for residents per request of the Moultonborough Suicide Coalition. Again, thank you so much for your continuing support.

Sincerely,

EVC V. RIOLZ, LICSVV

Clinical Director, Carroll County

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www.NorthernHS.org

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